

Volunteer Resource Center

MISSION:

The Volunteer Resource Center's mission is to strengthen campus and community relations through student outreach, education, and community service.

REQUIREMENTS:

Step 1: Community Service Orientation:

You must complete one hour of your community service by attending the Community Service Orientation through the Volunteer Resource Center (VRC). The Orientation **MUST** be completed before you start your volunteer hours.

The purpose of this workshop is to introduce you to the principles of volunteerism while simultaneously looking at the importance of volunteerism in our society. You will also gain an understanding of how to engage in meaningful volunteering and in opportunities that are matched with your personal interests and talents. You will learn that volunteering is not merely a punitive experience, but rather an opportunity to engage in one's community, share your passions with others, and have an enjoyable time!

In order to sign up for the Orientation visit our website: <https://volunteer.colorado.edu/workshops>.

Students will be charged \$25 via Bursar's Office (this charge will appear in your tuition bill)

The orientation will count towards your community service hours

Step 2: Volunteer Referral Meeting

After you have completed the Orientation, fill out our online Volunteer Opportunity Form (<https://volunteer.colorado.edu/volunteer-opportunities>). The purpose of this form is to help the staff at the VRC choose organizations for you to work with that best fit your interests and passions, so please be as specific as possible!

You will then receive an email to set up a volunteer referral meeting with one of our Intake Coordinators, where based off of your Volunteer Opportunity Form submission, you will be given a few potential organizations to work with. *This meeting will count towards your community service hours.*

Step 3: Contact a Community Organization

After working with the Intake staff to find Community Organizations to work with, contact the ones that interest you the most to set up your service hours. Be sure to show up when you agree to serve at your agency. Complete all of the community service hours required (you may choose to do more if you like).

Step 4: Get your hours approved by the VRC

After you have completed your service, you must come back to the Volunteer Resource Center and have your hours and organization confirmed by the staff. You will also be asked to fill out a reflection/evaluation of your service.

Step 5: Turn in your form to the Municipal Court

Once approved by the VRC, turn the form to the City of Boulder Municipal Court. If you mail or fax your form to the court, be sure to call the court at 303-441-1842 to confirm that it was received.

Questions? Feel free to contact us!

Volunteer Resource Center

UMC 358

Monday--Friday, 10am-4pm

303-795-4495

volunteer@colorado.edu

www.volunteer.colorado.edu



Volunteer Resource Center

UNIVERSITY OF COLORADO **BOULDER**

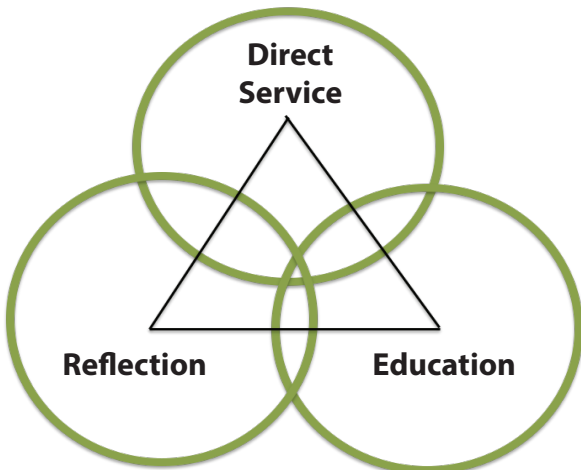
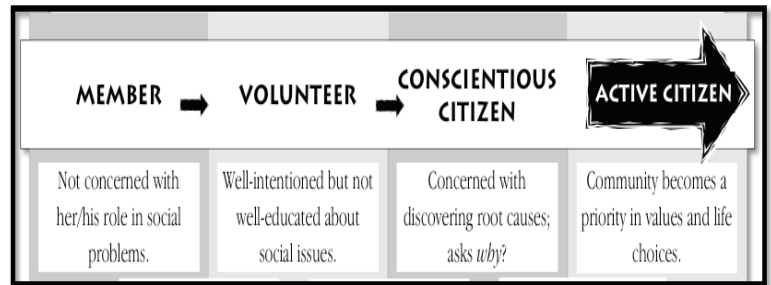
Service Philosophy

volunteer.colorado.edu

To work towards the vision of a society of active citizens, who view community as a priority when making life decisions, the Volunteer Resource Center organizes under a philosophy of service that believes education and reflection are essential components of service, focuses on strengths and reciprocal relationships, and commits to diversity and inclusion.

Active Citizen Continuum

The Active Citizen Continuum is absolutely the driving force behind the Volunteer Resource Center's philosophy of service. As illustrated with this developmental model, service can become much more than memorable volunteer experience—it can be a powerful catalyst for a transformed world view and developing an identity and understanding of lifelong active citizenship, which is why it's so important that service programs incorporate education and reflection. Thus, service becomes about two things: getting needed work done around social issues and changing the volunteer's perspective of their place in society.



Components of Quality Service

Deeply impacted by the model of service used in the national Alternative Breaks Movement through Break Away, the Volunteer Resource Center believes education and reflection are essential components of quality service.

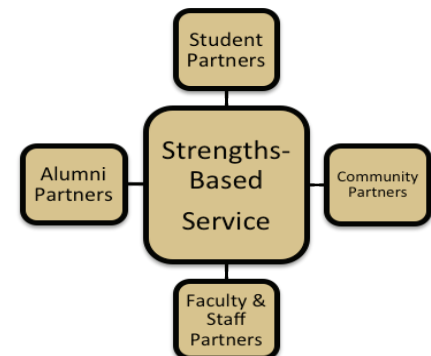
Education provides the service partners with the opportunity to engage with a full understanding of social and environmental issues, including the root causes. Without education, service can reinforce stereotypes, exploit communities, and become frustrating for all service partners.

Reflection offers the opportunity to integrate the often deeply impactful experience service and education provide. Time spent in both individual and group reflection promotes a community able to dialogue on complex and emotionally-provoking social justice issues. Without reflection, service partners are often left without community or an avenue of expression for the deep experiences that occur through direct service.

Strengths-Based Service

Influenced by the fields of Asset-Based Community Development and positive psychology, especially Strengths Quest, the VRC believes in a model of service focused on strengths and reciprocal relationships.

Strengths-based service is grounded in reciprocal relationships among service partners, based on the premise that each individual has innate gifts and talents, that when shared through service, contribute greatly to the overall wellbeing of our community.



Diversity & Inclusion

The vision of a society of active citizens is based in the value of each individual's strengths and requires a commitment to diversity and inclusion of all.

The Volunteer Resource Center is committed to embracing and valuing the diversity of the CU-Boulder and greater community.

We recognize that our success is dependent upon how well we value, include, and engage the rich diversity of our service partners: students, faculty, staff, alumni, and community members. We believe that prejudice, oppression, and discrimination are detrimental to establishing authentic relationships, which is the foundation of service. We are committed to treating all with dignity and respect, and to working collectively in an ongoing manner to build and sustain a community that understands and celebrates diversity, while promoting inclusion at all levels.